

Who/What/When/Where/How

These questions will help you narrow down the general patterning of the disturbances/experiences. You could, of course, ask these questions from the start, but you may get a better handle on what's going on if they are asked when you are actually in the location where the incidents are occurring. In some respects these questions do duplicate some of the aims of the above questions, but it helps to ask some of the same questions in different ways, since by doing so you can often pick up different pieces of the puzzle (in other words, the answers may differ slightly).

1. Have you connected the disturbances with any particular people witnessing or living/working in the location? With any Particular visitors?
2. If there is an apparition seen, does the apparition represent anyone identifiable (does anyone know "who" the apparition represents)?
3. Are there particular activities going on when the incidents occur (such as eating, watching TV, arguments, etc.)? Explain.
4. Are there certain times during the day or night when the incidents appear to be more frequent? If so, when are they?
5. Are the events seen to occur more in one spot (or in more than one place) than in others (certain rooms or parts of the room)? Where are these places?
6. Are certain people seemingly more affected than others? Who? What reactions do the people in the situation have when confronted by one of the disturbances?
7. Do all witnesses to the events have to be around for anything to happen? If not, give examples of such incidents where not everyone was around, and who was there.
8. Have any disturbances been noted to occur when no one was around (i.e., has anyone noted the after-effects of a disturbance that may have occurred with no witnesses, perhaps by objects having been moved)?
9. Has any one person appeared to be very close to the starting points of moving objects? Do you think there's any chance that that person could have physically thrown or pushed the objects to simulate a paranormal event?
10. Is there any reason to think that someone in the home/office might fake the events?
11. Have you thought about normal explanations for some or all of the events? Have you taken note of outside sounds, vibrations, etc. (such as a truck rumbling down the street) when the occurrences happen?